



The Difference Makers.  
*Our Clinical Team.*









At Lakeview Health, our clinical team is at the heart of all we do. Because of their passion, training, and professionalism, we believe they're the best in the business.

What does this mean for our patients? *Everything.*

When you come here for substance abuse treatment, you see your therapist every day. This person listens to you, educates you, guides you, believes in you, motivates you, and keeps you accountable. Especially early in your recovery, your therapist may be the most important person in your life.

Our clinical team's goal? To help you build a foundation for long-term recovery. As part of this effort, your therapist will work with you and your aftercare coordinator to create a detailed, personalized plan to take with you when you leave.

That's peace of mind.

We want you to know that seeking care is not a sign of failure. It's a courageous and necessary first step toward a happier, more productive, more successful life. At Lakeview Health, we will help you get there.

**Meet the Difference Makers who lead our clinical team.**



*Sarah Franklin, M.S., LMHC,  
Program Director*

*“People struggling with addiction are some of the strongest, most resilient people I know, and I am inspired by them every day.”*

*— Sarah*

**What it’s like here:** “At Lakeview Health you will be quite busy, but in a good way. You’ll meet with therapists but also with doctors, nurses, dietitians, gym trainers, patient advocates, and aftercare coordinators. If you’re here for a residential stay, your days will be highly structured. Our goal? To help you get better and learn the tools you need to stay in recovery after you leave.”

**Advice to live by:** “It’s not easy to make the decision to go to rehab, so I congratulate my patients for doing that. I also tell patients to stay hopeful and realize you’ll have days when you feel motivated, and days when you will seriously question if you can stay sober. Early recovery can feel like a roller coaster, and that’s normal.”

**On making a difference:** “I became a therapist because I am genuinely interested in people, and I want to help them become their best selves. People struggling with addiction are some of the strongest, most resilient people I know, and I am inspired by them every day. My job is hard when a patient is not ready for change. But when they are ready, and go on to turn their lives around, that is the most gratifying part of my work.”

**Years in field:** 7

**Degree held:** *Master’s in Mental Health Counseling*

**Specialties:** *Substance use disorder, EMDR therapy*





*Amanda Jack, M.A., LMHC,  
Senior Program Director*

*“When addiction hit my family hard, my passion for treating substance use disorder transformed into a mission.”*

*— Amanda*

**What it’s like here:** “Lakeview Health is a community of patients and staff who work together to promote healthy change every day. Therapists like me are with you daily in group sessions, we see you individually at least once a week, and we run family sessions as well. Our medical and nursing teams check in with you every day concerning your physical and emotional well being, and they help you manage any medications you’re on. You’re in great hands here.”

**Advice to live by:** “Change is hard, asking for advice is hard, and not running away is hard. But the payoff for all your hard work is amazing — and completely worth it. Listen to others. Be honest and open. And do not give up when things get rough (which they will). If you hang in there, you’ll make it, I promise.”

**On making a difference:** “I became passionate about the substance use disorder field after working with children and families and seeing the profound effect addiction had on them. When I then experienced addiction in my own family, my passion grew and became my career mission. I feel fulfilled when a patient finds recovery and I have been part of that journey.”

**Years in field:** 17

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**Degree held:** *Master’s in Mental Health Counseling*

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**Specialties:** *Substance use disorder, family therapy, leadership*



*Philip Warrick, LMHC,  
Clinical Manager*

*“I’ve been in recovery for  
11 years, and got into addiction  
counseling to help others  
achieve the success I’ve had.”*

*— Philip*

**What it’s like here:** “We’re a community at Lakeview Health, a fellowship of patients and employees. Our goal is to create a healthy foundation for recovery. During the first days of your stay, you’ll learn a lot about the disease of addiction as you get comfortable with your surroundings. Then you transition to the counseling phase of your treatment, which is when you’re assigned a primary therapist. That’s when the good stuff happens! Listening, discussing, and learning.”

**Advice to live by:** “Your stay is so short compared to the rest of your life. Try to establish a new, healthy routine you can take with you when you leave. That’s why it’s vital to go to all the groups and actively participate throughout the day. It can be exhausting but it feels so good when you’re learning a lot and figuring things out.”

**On making a difference:** “Being a therapist at Lakeview Health allows me to fight substance use disorder with others who are going through the same things I did—and still do. It’s great to see patients get tangible results as they begin their journey in recovery. A nice side effect? This helps me stay sober, too, and I’ve got 11 years in.”

**Years in field:** 5

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**Degree held:** *Master’s in Mental Health Counseling*

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**Specialties:** *Substance use disorder*





*Erin Moran, M.S., LMHC,  
Clinical Manager*

*“So much of what we desire is to  
be understood and to find purpose.  
My work allows me to help people  
achieve those things.”*

*— Erin*

**What it’s like here:** “We keep patients very busy at Lakeview Health. On the therapy side, you’ll be able to attend all sorts of groups. Some will help you express yourself better, some emphasize emotional support, some will get you to uncover deeper psychological patterns and help you heal past wounds, and still others will be playful and creative — which sounds lighthearted but it can do wonders. It’s hard work, but if you truly want to change and heal, we’ll help you do it with a heavy emphasis on real-world solutions.”

**Advice to live by:** “When you enter treatment, be prepared to step out of your comfort zone. Let go and surrender. All of that can be scary — it can feel like you’re losing control — but sometimes it’s the best way to rebuild trust in yourself and a new life. Trying to stay in control usually does not work. It’s what keeps us stuck and unable to move forward. Also, try to be honest and open with others while you’re here because addiction thrives in isolation, avoidance, and shame.”

**On making a difference:** “So much of what we desire as human beings is to be heard and understood — and to find purpose. Being a therapist allows me to help people achieve those things. It can be messy and complicated to get there, but it’s amazing when it happens.”

**Years in field:** 5.5

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**Degree held:** *Master’s in Clinical Mental Health Counseling*

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**Specialties:** *Gender-responsive treatment, group therapy, self-esteem, relationships*



*Kacie Sasser, APRN, MSN, FNP-C, CARN,  
Senior Director of Medical Services*

*“This profession chose me,  
I didn’t choose it. It’s a calling,  
and Lakeview Health is the place  
for me to follow that calling.”*

*— Kacie*

**What it’s like here:** “When you’re a patient at Lakeview Health, you have the opportunity to heal and get on the road to recovery with an experienced, dedicated staff. You’ll benefit from a full, multi-disciplinary approach that helps you examine the whole you. I love when patients are successful and can share that positive journey with others in the group sessions. That’s my favorite part!”

**Advice to live by:** “It helps if you visualize your recovery as a climb towards a peak. Once you reach that peak, you need to climb over and slide down the other side into long-term recovery. If you slip back down before you reach the peak, that’s a painful slope. Our job at Lakeview is to help you get to the peak and beyond. We’ll arm you with counseling, medical care, a detailed aftercare plan for when you leave, and many more things.”

**On making a difference:** “I believe the addiction medical profession chose me, I didn’t choose it. It’s a calling for me, and Lakeview Health is the best place for me to follow that calling. I’m part of an innovative, dedicated team that wants to be the best in terms of helping patients find their way. Successful recovery takes a village, and we have an excellent village here.”

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**Years in field:** 12

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**Degree held:** Master’s in Nursing

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**Specialties:** Substance use disorder, pain management, family practice





*Daniel Leavins,  
Pain Recovery Program Staff*

*“Working in the addiction field is so meaningful to me. I’m able to touch many lives in a profound and positive way.”*

*— Daniel*

**What it’s like here:** “Lakeview Health offers a structured environment, and that is exactly what is needed for your recovery — especially early recovery. We help you create a solid foundation that you build on once you leave. While you’re here you learn — and sometimes re-learn — life skills that help you live easier every day.”

**Advice to live by:** “Always remember that healing begins from a place of honesty. You need to fully admit to your substance abuse before you can start to heal. There is no quick fix.”

**On making a difference:** “Working in the substance abuse field is challenging but very meaningful to me. It gives me the chance to touch many lives in a profound way. I also get so much out of working with my fellow therapists and other colleagues. Lakeview Health has a team approach, and that includes the families of the patients and the patients themselves. We’re all trying to create and maintain an atmosphere of healing.”

**Years in field:** 13

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**Degree held:** Doctor of Medical Science, Physician Assistant

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**Specialties:** Substance use disorder, pain management

*“Our clinical team has tremendous empathy for our patients, and we work hard to develop a personalized treatment plan for each person.*

*At Lakeview Health, we are especially good at breaking down the resistance that comes with addiction, and that is so key. Lowering resistance has to happen before a person can begin recovery.”*

*— Lantie Jorandby, M.D.,  
Chief Medical Officer, Lakeview Health*









888-746-1814

Jacksonville, Florida

The Woodlands, Texas

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*Empowering Profound Recovery.*